

# Mission Minor Lacrosse



# Manager Resource

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## LETTER TO THE MANAGER

Dear Team Manager,

On behalf of the Mission Minor Lacrosse Club (MMLC), we would like to thank you for volunteering your time. This is an extremely important role and will ensure that your child, his/her teammates, other parents and coaches can enjoy the amazing sport of lacrosse. As team manager, you play an integral role in communication between players, coaches, parents, other teams, officials, the MMLC executive. Your willingness to take on the administration of your team enables the coaches to focus on coaching and player development. This handbook is intended to outline the duties of the team manager and serve as a resource for you throughout the season. We hope you find this handbook helpful and welcome any comments or suggestions. Please send all comments to Alysha at [mmlcheadmanager@gmail.com](mailto:mmlcheadmanager@gmail.com).

Thank you again for your time and effort!

Sincerely,

MMLC Executive

# MANAGER'S DUTIES

As a team manager, some of the primary roles and responsibilities you can expect to handle are,

- Edit/Monitor TeamSnap
- Overseeing and training parents on game sheets and score keeping
- Team Budget – Refer to Appendix A
- Tracking and Reporting Finances
- Collecting and Distributing Funds
- Banking
- Communication between players, coaches, parents, opposing teams, officials, ref allocator.
- Organizing games for the team
- Organizing and assigning volunteers to assist with timekeeping, scorekeeping, and team events.
- Game sheets and sending them in to the division commissioner.
- Applying and entering tournaments
- Complete execution of the Form 100
- Year-end parties
- Other as required.

## MMLC EXECUTIVE

President	Jason Hughlett	<a href="mailto:mmlcpresident@gmail.com">mmlcpresident@gmail.com</a>
Vice President - Box	Nicole Kokoska	<a href="mailto:mmlcvpbox@gmail.com">mmlcvpbox@gmail.com</a>
Vice President - Field	Jason Lindh	<a href="mailto:mmlcfieldvp@gmail.com">mmlcfieldvp@gmail.com</a>
Secretary	Katie Cochrane	<a href="mailto:mmlcsecretary0@gmail.com">mmlcsecretary0@gmail.com</a>
Treasurer	Carrie Dunnett	<a href="mailto:mmlctreasurer@gmail.com">mmlctreasurer@gmail.com</a>
Director - Equipment Manager	Ryan Smith	<a href="mailto:mmlcequipment@gmail.com">mmlcequipment@gmail.com</a>
Director - Floor allocator	Danielle Leifsson	<a href="mailto:drang13@hotmail.com">drang13@hotmail.com</a>
Director - Registrar	Jamie Hooper	<a href="mailto:mmlcfieldregistrar@gmail.com">mmlcfieldregistrar@gmail.com</a>
Director	Matt Flury	<a href="mailto:mmlcdirector1@gmail.com">mmlcdirector1@gmail.com</a>
Director / Technical Director – Box	Kyle Mooney	<a href="mailto:mmlcdirector2@gmail.com">mmlcdirector2@gmail.com</a>
Social Media / communications	Naomi Hughlett	<a href="mailto:mmlcsocialmedia@gmail.com">mmlcsocialmedia@gmail.com</a>
Director	Shane Barnum	<a href="mailto:mmlcdirector4@gmail.com">mmlcdirector4@gmail.com</a>
Director - Head Ref - Field	Ryder Bremner	<a href="mailto:mmlcdirector5@gmail.com">mmlcdirector5@gmail.com</a>
Technical Director – Co-Ed Field	Tej Grewal	<a href="mailto:grewalmantej33@gmail.com">grewalmantej33@gmail.com</a>
Head Referee - Box	Damian Lund	<a href="mailto:baronfell@live.ca">baronfell@live.ca</a>
Ref Allocator	Vicky Flury	<a href="mailto:vicki.flury@hotmail.ca">vicki.flury@hotmail.ca</a>
Coaching Coordinator	Katie McGuire	<a href="mailto:mmlccoachingcoordinator@gmail.com">mmlccoachingcoordinator@gmail.com</a>
Technical Directors - Women Field	Dawson Aldcroft/Olivia Ohlmann	<a href="mailto:dawsonchalifoux@gmail.com">dawsonchalifoux@gmail.com</a> / <a href="mailto:olivia.ohlmann@gmail.com">olivia.ohlmann@gmail.com</a>

Head Manager	Alysha Smith	<a href="mailto:mmlcheadmanager@gmail.com">mmlcheadmanager@gmail.com</a>
Apparel Coordinator	Sandra Burritt	mmlcapparel@yahoo.com

## ANNUAL GENERAL MEETING (AGM)

An email from MMLC will be sent to all members in good standing. The information will also be available on the website. Everyone is encouraged to attend as the association is always looking for new people with new ideas. The executive is made up of volunteer parents who care very much about lacrosse and about children. You don't have to be experienced to get involved. Enthusiasm is the only qualification needed.

## MMLC REFUND POLICY

All refund requests must be submitted to MMLC Registrar or Executive in writing

Full refund will be offered before the start of this season, less a \$30 administration fee

50% refund will be offered after September 30, less a \$30 administration fee

No refunds will be offered after October 30

Refunds are processed on the 15th and last day of the month in which they are received

## KEY CONTACTS

Welcome to a new season of MMLC Field Lacrosse.

For Coaches: Katie McGuire is your Coaching Coordinator.

Her email is : [mmlccoachingcoordinator@gmail.com](mailto:mmlccoachingcoordinator@gmail.com)

For Managers: Alysha Smith our Head Manager is your contact.

Her email is [mmlcheadmanager@gmail.com](mailto:mmlcheadmanager@gmail.com)

Your referee allocator is Vicky Flury and her email is [vicki.flury@hotmail.ca](mailto:vicki.flury@hotmail.ca)

Your Field allocator is Danielle (Dee) Leifsson and her email is [drang13@hotmail.com](mailto:drang13@hotmail.com)

Your PCFLL Division Commissioner. You will receive an email at the start of the season with contact details.

If you have any questions, please feel free to reach out to them. Email is best!

## KEY DATES

Sept 16/17 – Opening weekend for Youth Field Lacrosse

Sept 25 – Deadline for Form 100 to be submitted to Head Manager

Oct 1 – start of tiering break for Youth Field Lacrosse?

Oct 1 – Opening weekend for Female Field Lacrosse

Oct 1 – Deadline for Form 100 to be submitted to PCFLL

?? – Photo Day

?? – Winter/Xmas Break

Sept 1 – Tournament Applications open

?? – Regular Season Ends

???? - Provincials

## TEAM SNAP

As part of our fees, we now have covered TEAM SNAP for all of our teams moving forward as an association.

Our registrar will have set all teams up on Team Snap to get the season going. As a manager you are responsible to update and maintain your teams Team Snap moving forward. If you are not familiar with the program, please reach out to our registrar Jamie Hooper and you will be provided with an overview.

## PHOTO DAY

Each Player will receive a complimentary Memory Mate (team and individual player photo together). Additional photo packages will be available for purchase.

The MMLC Field Vice President will contact managers and advise them as to when photo day is. Managers are expected to organize the team for photos and hand them out to players/parents when they come in.



# CRIMINAL RECORD CHECK & RESPECT IN SPORT

Coaches & Managers are required to have the following certifications.

Each coach must complete the following:

*Application Form.*

*Completed Criminal Record Check*

*Coaching Course and Valid NCCP#*

*Respect in Sport Online Course - <https://www.respectgroupinc.com/respect-in-sport/>*

*Fair Play Online Waiver -*

*[https://www.bclacrosse.com/teambc\\_reg/bcla\\_fairplay\\_coaches.php](https://www.bclacrosse.com/teambc_reg/bcla_fairplay_coaches.php)*

Each Team Manager must complete the following:

*Completed Criminal Record Check.*

*Respect in Sport Online Course*

*Criminal Record Checks:*

You should have received a letter whereby you can take this to our local RCMP detachment for processing. There should be NO COST as you are a volunteer. These need to be completed every 3 years.

If you have not received this letter, or have any questions about completing your CRC, please reach out to Katie McGuire our Coaching Coordinator.

*Respect In Sport Online Course:*

There is a \$30 charge that your team manager will reimburse once you have completed the form and submitted your certificate.

# RULE OF TWO

The goal of the Rule of Two is to ensure all interactions and communications are in open, observable, and justifiable settings.

- A coach should always have another coach or screened adult present when interacting with players
- Make sure environment is open & observable
- All communications are sent to group and/or include parents or guardians without any one-on-one messaging
- Have at least two adults present when travelling with players

# FORM 100

At the start of each season the following information needs to be completed by each TEAM:

*BCLA FORM 100W/M for all teams* **No one is allowed on the bench or sideline unless they are on the Form 100 - Technical Directors should be listed on all**

This form needs to be returned to Alysha for review & submission.

The date that it needs to be completed by Sept 25,2023.

# PLAYER/PARENT/TEAM CONDUCT

At the start of each season the following information needs to be completed by each PLAYER and Returned to the TEAM MANAGER:

*BCLA Insurance Form*

*Players Code of Conduct*

*Parents Code of Conduct*

*MMLC Medical History Form*

*Pre-Season Concussion Checklist*

*\$100 jersey deposit*

Returned at the end of the season.

## PHOTOCOPIES

The responsibility of copying and printing fees are to be paid for by the team.

You can collect Team Fees, ask parents to print off and return them to you, or eat the cost yourself.

Please talk to your coach about how to incorporate this into your team costs.

## FIRST AID/INJURY PROCEDURE

The first aid kit will be in the managers bag, but should be on the bench and available during games.

The BCLA has coverage that extends to all members as they may need it. When an injury occurs that may require medical and/or dental attention, please give the parents the Accident Claim Form.

All Claims **MUST** be submitted to BCLA within 30 days of the injury.

You must inform the executive immediately with the details of the injury, including the player's full name, date and location of game or practice. Once the parent completes the document, it must be scanned and email to the executive to deal with BCLA.

## TEAM JERSEY

We were fortunate enough to be able to get new jerseys last year but we will need your help to make them last. As they are expensive to replace, can you please follow these instructions:

1. Even though they are meant to be used in competition, please treat them as delicate in your laundry. Do not wash them with colours that will bleed. These jerseys will not bleed colour at all, so can be washed with any colours, but they can be stained from other colours.
2. Please do not wash them with any clothes that have zippers, hooks, buttons or anything else that can snag the material. As much as they are made for rough play, they will snag and pile when washed with these items very easily.
3. Please hang them to dry and do not put them in the dryer.
4. NO ALTERATIONS OF ANY KIND!

Thank you for your help in making these last for years to come.

## **TEAM SHORTS**

The cost of shorts was included with the registration fees. Once teams have been determined, the equipment manager will work to get you the sizes requested upon registration. If shorts do not fit, please contact equipment manager to exchange clean and unworn shorts only.

## **TEAM & GOALIE EQUIPMENT**

All teams have been supplied with practice balls, cones, jerseys, Long poles (for some divisions) and goalie equipment for the younger ages. A jersey deposit of \$100 is to be collected for each jersey handed out. Your manager will keep game balls separate from your bucket of practice balls.

There are folding creases and fans (for the female teams) and a pair of folding nets for use on the grass field and are currently stored in the bin at the sports park. Hopefully we will be storing them soon at the field, but until then they will need to be brought over to start the evening and brought back at the end of the evening. here is a link to an instructional video on how to set them up and take them down

[https://youtu.be/TaQPlq82\\_M8](https://youtu.be/TaQPlq82_M8)

Coaches will be provided with a key to the lock.

## **BALLS/MANAGER BAG**

All Managers will be supplied with a bag containing game balls, first aid kits, extra mouth guards and game sheets. If you use any of the items from the first aid kit, and need it replaced, please contact the equipment manager. For U7 & U9, I recommend having a parent or rotating parents to bring a container with 3 or 4 frozen wet sponges that can be reused every game, in place of the single use ice packs.

## **GAME SCHEDULES**

All game schedules will be posted online at PCFLL.bc.ca under schedules and scores.

Please be patient, as sometimes the times are not scheduled until the Wednesday before the game is to take place.

## ARENA/FIELD GUIDELINES & CANCELLATION

Your teams have each been assigned two practices, one practice on a grass field and one practice on the Artificial Turf Field (ATF) in Mission. Grass field practices are held on field 6 @ the rotary sports park which should be lined to accommodate our practices. If the lines on the field have faded and need to be redone, please contact Ryan Smith the equipment manager [mmlcequipment@gmail.com](mailto:mmlcequipment@gmail.com) . The first team to practice on grass field 6 for the day will be responsible for turning on the lights. If you are the last team on grass field 6, ensure the lights have been turned off and the equipment has been put away. Grass field 6 light code will be provided to the managers and the lights are only to be used during pre-arranged practice times.

ATF practices run on Wednesdays and Fridays, with games on Saturdays (female) and Sundays (Co-ed). The lights on the ATF are pre-programmed by city staff to come on automatically, if it is after hours, a holiday or the weekend we will not have access to adjust the lights. Please ensure your players are not climbing the fence of the ATF and are using the proper entrance and exits provided, deviating from the proper entrance and exits causes foreign matter to be introduced to ATF and growth of weeds etc, it is also unsafe to be climbing the fencing. Required equipment etc. will be kept in the association lock up located in the parking lot of the ATF. All equipment must be stored away properly back in the lock up after the last practice on Wednesdays and Fridays. ATF lights will shut off approx. 15 minutes after the last scheduled practice so ensure you have cleaned up and exited the field or you will be stuck in the dark.

If you need to cancel a practice time or game slot, we need to provide notice to the district or the association will still be charged for the field time.

\*\*\*To cancel a game or practice\*\*\*

Notify the field allocator asap (Dee Leifsson drang13@hotmail.com)

Monday field times are required to be cancelled on the previous Friday no later than 3pm

Wednesday field times are required to be cancelled no later than 3 pm Monday

Friday field times are required to be cancelled no later than 3pm Wednesday

Saturday field times to be cancelled no later than 3pm Thursday

Sunday field times to be cancelled no later than 3pm Friday

Teams will need to provide a \$100 field deposit. The cheque will need to be written out to Mission Minor Lacrosse and will not be cashed unless a team has failed to cancel their field time within the allotted times. The first time a team fails to cancel or it is short notice cancellation the team will be charge \$50, the second time will also be a \$50 fee, the third time the team may have their field time suspended. As our season does take place outside and in inclement weather there is understanding that a late notification may take place due to weather and safety concerns for players. In the case of a late notification due to weather, the team will not incur a cancellation fee. Ensure you notify the field allocation ASAP of any need to cancel the field time. If there are safety concerns and a coach feels it is unsafe to practice please contact the President or one of the Vice Presidents.

\*\*\* DO NOT\*\*\* trade your field time with any other team unless you have approval from the field allocator.

\*\*\* DO NOT\*\*\* give your field time to another team, due to scheduling guidelines your time slot may not allow another team to be on the field.

\*\*\*DO NOT\*\*\* share your field time with any other teams unless it has been approved by the allocator.

Any questionable field conditions will be monitored by the allocator and posted on the Facebook page

If you notice any damage to the fields or equipment, please notify the field allocator.

## **TOURNAMENTS**

All tournaments will be found at

[https://www.bclacrosse.com/field\\_lacrosse\\_tournaments.php](https://www.bclacrosse.com/field_lacrosse_tournaments.php)

# FUNDRAISING

## **\*\*NEW\*\*** Fundraising information for Managers/Coaches

Throughout the year, teams will hold fundraising events and sales in order to raise funds to help offset the costs of tournaments and other team requirements. All teams and participants have a responsibility to project a positive image of Mission Minor Lacrosse Club (MMLC) and Minor Lacrosse. At all times, the public image of MMLC must be beyond reproach and promote Minor Lacrosse (The Creator's Game).

From time to time parents and players will be expected to make direct contributions to meet team and MMLC expenses through fund raising efforts. Fundraising events and sales will be supported and encouraged throughout the year as this is an integral part of minor sports. All fundraising events, raffles and sales will now be required to be submitted to the MMLC Team Funds Committee for approval.

Fundraising information will be required to be submitted to the MMLC Team Funds Committee at least **two weeks prior** to the event/sales or raffle occurring. Two weeks is to allow for review and to apply for a team gaming license if one is required. Information that will need to be included for review:

1. Type of event/sale or raffle
2. Location of the event
3. Date/time of event or start/end date of sale or raffle
4. How many tickets will be sold for the event or how many tickets will be sold for the raffle and the cost of any tickets.
5. Team budget, what the team will be utilizing the funds raised for?
6. How many fundraising events/sales or raffles will the team be applying for?
7. **Provide deadline for the gaming license.**

### **Guidelines in addition to required information:**

1. Fundraisers for teams may need to be combined (ie two teams requesting a bottle drive in the same weekend or dates near to each other), your team will be notified by the MMLC Team Funds Committee if this is the case. If your team does not wish to combine with another team, you may have the option of a different date or submitting a different type of fundraiser. This is to assist teams in not duplicating fundraisers in a close proximity of time so teams are not overstepping each other or the MMLC season fundraiser.

2. If a gaming license is required, it will be the responsibility of the team to fill out the appropriate paperwork and secure their own license for the fundraiser. MMLC does not partake, supply or apply for team gaming licenses. For **gaming license information see WWW2.gov.bc.ca**
3. Tax receipts will not be issued for any team raised funds, team donations or team sponsorships.
4. Any funds secured by the team that is required to go through the club could be assessed an administrative fee up to \$30.
5. After careful consideration it has been agreed the fundraising monies will be considered **capped @ \$3500 per team**. Any team exceeding this amount must get approval from MMLC Team Funds Committee.
6. An extended reasonable budget can be submitted for review and approved by the MMLC Team Funds Committee if a team has fundraised more than the cap or requires more than the \$3500.
7. \$3500 per team is to include all team fees per player and the season operational costs (ie: 2 tournaments, coach gift, team party and one swag item).
8. No fundraising monies will go back to families for monies over and beyond what they have already put forward for the team. IE \$3500 team cap @ 17 players = \$205 per player at the beginning of the season for team fees. A team raises more than enough funds and drops out of one tournament. The team decides to refund the parents back money, the amount must NOT exceed the \$205 initially what they each put in.
9. If a team has fundraised above the \$3500 allotted per team and there has been **no extended budget submitted and approved**, the monies above the allotted \$3500 should be donated to a sponsorship fund for MMLC. The intent of the sponsorship fund will be to provide season equipment for players/families that may have a shortfall on equipment or difficulty with extended season fees.
10. Teams are permitted to also secure outside sponsorship above the \$3500 capped fundraising funds. The same requirements will apply and the following information will need to be included when forwarded to the Team Funds Committee for review: Sponsor information including logo if being used, amount being provided by sponsor, what the sponsor monies will be used for.
11. All plans for team fundraising must be discussed and approved at a parent meeting. If a family chooses not to participate in a team fundraiser the family will be required to submit their share of the monies raised in the fundraiser to the team. IE a team has 17 players, the team raises \$1600



through a fundraiser and one family chose not to participate. The 16 families raised \$1600 for the team, therefore the family that opted not to participate would submit \$100 to the team. There will be varying levels in which a player/parent can participate in a fundraiser IE: not able to sell all tickets allotted. If a player/parent makes a reasonable effort it will be deemed as participation.

If there are any questions please feel free to reach out.  
Please submit all Team Fundraising information or questions to:  
[mmlcdirector1@gmail.com](mailto:mmlcdirector1@gmail.com)

## **TEAM BUDGET (FINANCIAL REPORTING)**

You can use the provided spreadsheet to create a budget for your team expenses

The budget needs to be submitted to the executive for approval

Any and all fundraising has to be submitted and approved by the executive as per the Fundraising Guidelines enclosed.

You will be issued a cheque from MMLC at the beginning of the season to cover Ref/Ump fees. Please do not include this in your budget. All referee fees will need to be reconciled at the end of the season on the google drive spreadsheet

## **WRAP UP PARTIES**

This is generally the last function of the season. A time to recognize your coaches & parents for help throughout the season and have a good time.

## **AWARDS**

MMLC has awards and trophies for the teams. U7 & U9 teams each player gets a trophy

U11, U13, U15, U17 & U19 teams will be awarding the following three trophies:

Most Valuable Player (MVP)

Most Sportsmanship Like

Most Improved

# REFEREE ALLOCATION AND FEES

## REFEREE ALLOCATION:

Your referee allocator is Vicky Flury and her email is [vicki.flury@hotmail.ca](mailto:vicki.flury@hotmail.ca)

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This year we have a bunch of new referees. Please be patient as they are learning!!

Please make sure that your referee pay is in separate envelopes.

In Field Lacrosse, each team is responsible for paying one of the referees/umpires each. Home team is responsible to cover any travel fees of \$15 regardless.

Below is the fee schedule for our referees this year.

### Referee Fees

U7 - \$20.00	U13 - \$40.00
U9 - \$25.00	U15 - \$45.00
U11 - \$30.00	U17/U19 - \$55.00

### Umpire Fees

U9 - \$20 (1 umpire)
U11 - \$35 (2 umpires)
U13 - \$40 (2 umpires)
U15 - \$45 (2 umpires)
U17/U19 - \$55 (2 umpires)

## TIME/SCORE KEEPER

Home teams are responsible for all time and score keepers. It is a good idea to be familiar with the process if you are assigning parents to do the job.

# SCORESHEET EXPLANATION

Blank game sheets will be provided by the MMLC equipment manager to the team manager at the beginning of the season.

The team manager is responsible for preparing the game sheet before each home game with the following information:

- Date of game
- Field name
- Type of game (regular, tournament, exhibition or playoff)
- Age group (e.g. U7, U9, U13, etc.)
  - Tier
  - Game time
- PCFLL game number
- Team name
- List of players numerically with goalie at the bottom
- Coaches, bench personnel with NCCP #

Once completed, please ask the opposing team manager to fill in their players, coaches and bench personnel.

The winning team's manager receives the white and pink copies; the losing team the yellow copy.

In the event of a tie, the home team receives the white and pink copy, and is responsible for submitting the game sheet to the division commissioner.

The winning team's manager is responsible for mailing the original game sheet (white copy) to the division commissioner within 3 days of the game.

A copy of the game sheet must be electronically sent to the division commissioner within 24 hours of the conclusion of the game.

A photo of the game sheet using a smartphone is acceptable.

Videos demonstrating how to complete a field lacrosse game sheet can be found at:

- Youth: [https://pcfll.bc.ca/docs/fieldlax\\_scoresheet\\_demo/index.html](https://pcfll.bc.ca/docs/fieldlax_scoresheet_demo/index.html)
- Women: [https://pcfll.bc.ca/docs/womens\\_fieldlax\\_scoresheet\\_demo/index.html](https://pcfll.bc.ca/docs/womens_fieldlax_scoresheet_demo/index.html)

# GAME PROCEDURE

**U7 games:** 4 x 10 minute quarters. 2 minutes between quarters and 5 minute halftime.

**U9 games:** 4 x 12 minute quarters. 2 minutes between quarters and 5 minute halftime.

**Female U9 games:** 2 x 12 minute halves. 2 minute halftime.

**Female & co-ed U11 games:** 4 x 15 minute quarters. 2 minutes between quarters and 5 minute halftime.

**Female & co-ed U13 games:** 4 x 15 minute quarters. 2 minutes between quarters and 5 minute halftime.

**Female & co-ed U15 games:** 4 x 15 minute quarters. 2 minutes between quarters and 5 minute halftime.

**Female & co-ed U17 games:** 4 x 15 minute quarters. 2 minutes between quarters and 5 minute halftime.

**Female & co-ed U19 games:** 4 x 15 minute quarters. 2 minutes between quarters and 5 minute halftime.

**U13/U15/U17/U19** - Mandatory stop time in last 30 seconds of the 1st, 2nd & 3rd Quarter. Last 2 minutes of 4th quarter will be stop time if goal differential is 5 goals or less.

## TEMPORARY PLAYER CALL UPS

As long as a player fulfills his/her commitment to his/her registered team first, a player can play up an unlimited number of games for a team in a higher division than which he/she is registered with, provided his/her coach has given permission.

This is subject to the following situations: 2018 - PCFLL Coaches Handbook Page 6 of 8

a) A player may play up one age division to their existing tier calibre or higher

- Example: Tier 1 to Tier 1 only, Tier 2 to Tier 1 or Tier 2,
- Players may play up any tier calibre within their age division to a maximum of 3 regular season games only.

- Example: Tier 2 to Tier 1,

b) No player may play from a higher calibre tier to a lower calibre tier

- Example: Tier 1 U13 to Tier 2 U13, Tier 1 U13 to Tier 2 U15

c) In circumstances where an Association does not have a Tier 2 team to call from, the team may ask permission from the TWO (2) league commissioners for a Tier 1 player from the division below to be called up prior to the game. Both commissioners must discuss and be in agreement. The League Chair must be notified from the Commissioner of the team who requested the Tier 1 player whether approved or if denied with rationale.

Teams will not be allowed more than three (3) of these players. These games would not count towards Provincial qualification.

Call-up players limited to maximum 5 per game; or that number may be increased with the approval of the commissioner.

Call-up players need to fulfill their own team obligations for the season 50% to qualify for playing for another team at provincials, as well as the 3 games call up.

All call up players must be clearly entered onto the game sheet, at the bottom of the team roster. Players being called up must be written in the game notes.

There are no longer one game call up sheets, these are to be submitted online and must be written in the game notes on the scoresheet.

The winning team is responsible to send in all call-up sheets along with the game sheet to their commissioners.

## **HELPFUL WEBSITES AND RESOURCES**

<https://www.pcfll.bc.ca>

[www.bclacrosse.com](http://www.bclacrosse.com)

<https://missionminorlacrosse.com/>

Please encourage all your parents who have Facebook to join our MMLC Facebook groups and follow our MMLC FB page. This is a great way for people to both get up to date information, but also to build community.